

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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HIKING	<p><b>ANDREAS OUR HIKING GUIDE</b></p> <p>With pleasure and passion I accompany you through our beautiful alpine and mountain world.</p> <p><b>MY RECOMMENDATION:</b></p> <p>Good <b>hiking boots</b> are required during the hikes! <b>Hiking sticks</b> are helpful (at the reception to borrow), <b>drinks and rain protection</b> should not be missed in the backpack. My walks <b>are not suitable for buggies.</b></p>	<p><b>"Prelude"</b> A spirit of optimist</p> <p><b>PLATZJÖCHL</b></p> <p><b>Meeting point:</b> 09:30 am at reception <b>Starting point:</b> 1350 m <b>Endurance:</b> easy <b>Technique:</b> easy <b>Walking time:</b> 2 h 45 m / total ca. 4 h <b>Altitude difference:</b> 390m <b>Highest point:</b> 1.740 m <b>Distance:</b> 3,7 km <b>Refreshments:</b> none</p> <p><b>Participants:</b> min. 2 persons</p> <p><b>Registration:</b> until <b>Saturday</b> 9.00 p.m. at the hiking area</p>	<p><b>EINKLANG</b> Fitness hike "Nature-focused"</p> <p><b>Meeting point:</b> 09:30 am at reception <b>Starting point:</b> Altitude: 1230 m <b>Technique:</b> easy <b>Walking time:</b> 2 h 15 m / total 3 h <b>Highest point:</b> 1.455 m <b>Altitude difference:</b> 295 m <b>Distance:</b> 6 km <b>Condition:</b> easy <b>Refreshments:</b> at Blosegg</p> <p><b>Participants:</b> min. 2 persons</p> <p><b>Registration:</b> until <b>Sunday</b> 9.00 p.m. at the hiking area</p>	<p><b>Guided hike through the mountains of Racines</b></p> <p><b>Meeting point:</b> 9:30 am Ratschings mountain station <b>Starting point:</b> 1230m <b>Altitude difference:</b> 130 m <b>Difficulty:</b> medium <b>Walking time:</b> approx. 1,5 h / total approx. 5 h <b>Refreshments:</b> hut stop</p> <p><b>Participants:</b> min. 4 persons</p> <p><b>Registration:</b> until <b>Monday</b> 1.00 pm at the reception desk</p>	<p><b>In the footsteps of the wizard</b> <b>Hiking theater for the whole family and children's cooking workshop</b></p> <p><b>Meeting point:</b> 9:30 a.m. Larchhof Ratschings/bus stop - Continue to the starting point of the hike (barefoot path) <b>Starting point:</b> 1.230m <b>Difficulty:</b> easy <b>Walking time:</b> approx. 3,5 h <b>Food &amp; Drink:</b> We kindly ask you to bring it on your own <b>Participants:</b> min. 4 persons</p> <p><b>Registration:</b> until <b>Tuesday</b> 13.00 at the reception desk</p>	<p><b>Adventure hike along the waterfall trail to Furtalm</b></p> <p><b>Meeting point:</b> 9:30 a.m. Stein car park <b>Starting point:</b> Altitude 1210 m <b>Highest point:</b> Altitude 1690 m <b>Technique:</b> medium <b>Altitude difference:</b> 480 m <b>Duration:</b> 2,5 h / total ca. 4,5 h</p> <p><b>Refreshments:</b> Furtalm</p> <p><b>Participants:</b> min. 4 persons</p> <p><b>Registration:</b> until <b>Wednesday</b> 01:00 p.m. at the reception</p>	<p><b>SUMMIT ALLOWANCE:</b> <b>Sorpran in higher altitudes Telfer Weissen</b></p> <p><b>Meeting point:</b> 9:30 am at the reception <b>Starting point:</b> 1.795 m <b>Highest point:</b> 2.585 m <b>Ascent:</b> 830 m <b>Tour length:</b> 11 km <b>Walking time:</b> 4 h 30 m / Total approx. 6h</p> <p><b>Refreshments:</b> Kuhalm</p> <p><b>Participants:</b> min. 2 persons</p> <p><b>Registration:</b> until <b>Thursday</b> 21:00 at the hiking area</p>
							
AKTIV & BIKING	<p><b>ALPHOTEL'S DAY TIP</b></p> <p>Ratschinger barefoot path, reachable in approx. 1.5 hours from the hotel (or a few minutes by car).</p> <p>Very suitable as a family hike</p>		<p><b>activeCard</b></p> <p>Your personal ticket to a world of benefits and free attractions, e.g. we recommend the ascent and descent with the mountain railway of the leisure mountain Roskopf.</p>		<p><b>Healthy &amp; Good"</b></p> <p>Come to our beauty aperitif from 6.30 pm - 7.30 pm in our Bellavita Spa. Our beauty team will be happy to advise you and answer all your questions!</p>	<p><b>Hiking/Nordic walking poles, strolles and kraxes,</b> you are welcome to borrow from the reception, subject to availability</p>	<p><b>E-BIKE RENTAL</b></p> <p>Directly in the hotel you can rent one of the newest "hibike" for <b>€ 30,00 per day.</b> Reserve your bike early, so you can secure your desired date!</p>
							
VITAL	<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Glacier-ice-mint-</b> Infusion 6.00 <b>forest scents-</b>Infusion</p>	<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Coffee-</b>Infusion 6.00 <b>Relax-</b>Infusion</p>		<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>forest scents-</b>Infusion with <b>fir scrub</b> 6.00 pm <b>fruit-</b>Infusion</p>		<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Detox-</b>Infusion 6.00 pm <b>Relax-</b>Infusion</p>	
CULINARY	<p><b>ALPINE WELLNESS DINNER</b></p> <p>Our kitchen spoils you today with healthy and predominantly regional dishes. From 6.30 p.m.</p>	<p><b>GOURMET MENU</b></p> <p>Enjoy culinary delights by candlelight and let us recommend a good wine from our wine cellar. From 6.30 p.m.</p>	<p><b>HOUSE APERITIF</b></p> <p>We invite you to have an aperitif at the terrace or in the entrance hall from 6.30 p.m. to 7.00 p.m. Meanwhile our hiking guide Andreas presents his program and is available for questions and tips.</p>	<p><b>CHAMPAGNE BREAKFAST</b></p> <p>Every day we spoil you with fresh egg dishes, sparkling wine, freshly squeezed fruit juices and organic products from our farmers. From 7.30 am - 11.00 am</p>	<p><b>SPECIALTIES</b> <b>"Tradition and alpine delicacies"</b></p> <p>Today you can enjoy typical specialties from the South Tyrolean kitchen. A delicious Kaiserschmarrn and tasty dishes based on grandmother's recipes. From 6.30 p.m.</p>	<p><b>COCKTAIL EVENING</b></p> <p>Delicious cocktails for a special price from 6.00 p.m. Alcohol-free cocktails € 5,80 Alcohol cocktails: € 7,80</p>	<p><b>MEDITERRANEAN EVENING</b></p> <p>Our kitchen spoils you today with Italian specialties. Look forward to the culinary "La Dolce Vita"! From 6.30 p.m.</p>