








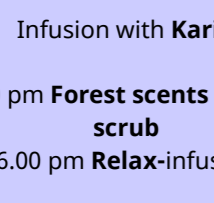
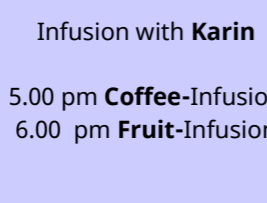

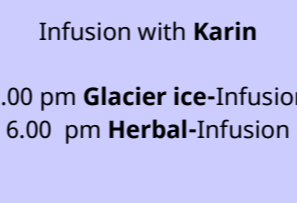

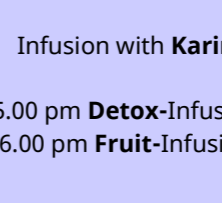



SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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HIKING	<p><b>ANDREAS OUR HIKING GUIDE</b></p> <p>With pleasure and passion I accompany you through our beautiful alpine and mountain world.</p> <p><b>MY RECOMMENDATION:</b></p> <p>Good <b>hiking boots</b> are required during the hikes! <b>Hiking sticks</b> are helpful (at the reception to borrow), <b>drinks and rain protection</b> should not be missed in the backpack. My walks <b>are not suitable for buggies.</b></p>	<p><b>"Prelude"</b> <b>A spirit of optimist</b></p> <p><b>PLATZJÖCHL</b></p> <p><b>Meeting point:</b> 09.30 am at reception <b>Starting point:</b> 1350 m <b>Endurance:</b> medium <b>Technique:</b> medium <b>Walking time:</b> 2 h 45 m / total ca. 4 h <b>Altitude difference:</b> 390m <b>Highest point:</b> 1.740 m <b>Distance:</b> 3,7 km</p> <p><b>Refreshments:</b> none</p> <p><b>Participants:</b> min. 2 people</p> <p><b>Registration:</b> until <b>Saturday</b> 9.00 p.m. at the hiking area</p>	<p><b>EINKLANG</b> <b>Fitness hike "Nature-focused"</b></p> <p><b>Meeting point:</b> 09:30 am at reception <b>Starting point:</b> Altitude: 1.445 m <b>Technique:</b> medium <b>Walking time:</b> 2 h 15 m / total 3 h <b>Highest point:</b> 1.455 m <b>Altitude difference:</b> 295 m <b>Distance:</b> 6 km <b>Condition:</b> easy</p> <p><b>Refreshments:</b> at Blosegg</p> <p><b>Participants:</b> min. 2 people</p> <p><b>Registration:</b> until <b>Sunday</b> 9.00 p.m. at the hiking area</p>	<p><b>Summit tour: Fleckner</b></p> <p><b>Meeting point:</b> 09:45 am Ratschings mountain station <b>Starting point:</b> 1.825 m <b>Walking time:</b> 5 h / total 6 h <b>Highest point:</b> 2.335 m <b>Altitude difference:</b> 607 m <b>Distance:</b> 4.7 km <b>Refreshment:</b> Saxnerhütte hut</p> <p><b>Registration:</b> until <b>Monday</b> 1.00 p.m. at the reception desk</p>	<p><b>Guided hike through the mountains of Ratschings</b></p> <p><b>Meeting point:</b> 9:45 a.m. Ratschings mountain station <b>Starting point:</b> 1.230m <b>Altitude difference:</b> 130 m <b>Difficulty:</b> medium <b>Walking time:</b> approx. 1,5 h / Total approx. 5 h</p> <p><b>Refreshments:</b> hut stop</p> <p><b>Participants:</b> min. 4 people</p> <p><b>Registration:</b> until <b>Tuesday</b> 1.00 p.m. at the reception desk</p>	<p><b>Adventure hike along the waterfall trail to Furtalm</b></p> <p><b>Meeting point:</b> 8:45 a.m. at the reception desk – Transfer <b>Starting point:</b> Altitude 1.210 m <b>Highest point:</b> Altitude 1.690 m <b>Difficulty:</b> medium <b>Altitude difference:</b> 480 m <b>Duration:</b> 2,5 h / Total approx. 4,5 h <b>Costs:</b> 10€</p> <p><b>Refreshments:</b> Furtalm hut</p> <p><b>Participants:</b> min. 4 people</p> <p><b>Registration:</b> until <b>Wednesday</b> 1:00 p.m. at the reception desk</p>	<p><b>GUSTOSTÜCK: Vallemingalm – with tasting</b></p> <p><b>Meeting point:</b> 9:30 a.m. at the reception – Transfer to Sterzing <b>Starting point:</b> 1.800 m <b>Highest point:</b> 1.985 m <b>Ascent:</b> 260 m <b>Tour length:</b> 4,7 km <b>Walking time:</b> 2 h / Total approx. 4,5 h</p> <p><b>Refreshments:</b> Jörgnerkaser</p> <p><b>Participants:</b> min. 2 people</p> <p><b>Registration:</b> until <b>Thursday</b> 9 p.m. at the hiking area</p>
							

AKTIV & BIKING	<p><b>Walking on stilts for children</b></p> <p><b>Meeting place:</b> Gemeindepark Wiesen/Pfitsch <b>What to bring:</b> ActiveCard, drinks and provisions, sun and rain protection, sturdy shoes, comfortable clothing. <b>Duration:</b> 14:00-16:30 <b>Registration:</b> until Friday 13:00 at the reception desk</p>	<p><b>E-BIKE RENTAL</b></p> <p>Directly in the hotel you can rent one of the newest "hibike" for <b>€ 30,00 per day.</b> Reserve your bike early, so you can secure your desired date!</p>	<p><b>activeCard</b></p> <p>Your personal ticket to a world of benefits and free attractions, e.g. we recommend the ascent and descent with the mountain railway of the leisure mountain Roskopf.</p>	<p><b>Healthy &amp; Good"</b></p> <p>Come to our beauty aperitif <b>Tomorrow</b> from 6.30 pm - 7.30 pm in our Bellavita Spa. Our beauty team will be happy to advise you and answer all your questions!</p>	<p><b>Guided e-bike family tour PFEIFER HUISELE</b></p> <p><b>Meeting point:</b> 13:20 pm at the valley station Ratschings <b>What to bring:</b> E-bike and helmet, weatherproof clothing, shoes with good tread, gloves, drinks and some provisions, sun protection. <b>Duration:</b> 1:30 p.m. - 5:00 p.m. <b>Registration:</b> until <b>Tuesday</b> 1:00p.m. at the reception desk</p>	<p><b>Guided e-bike panoramic tour PLATSCHJOCH</b></p> <p><b>Meeting point:</b> 9:50 am at the valley station Ratschings <b>What to bring:</b> E-bike and helmet, weatherproof clothing, shoes with good tread, gloves, drinks and some provisions, sun protection. <b>Duration:</b> 10:00 a.m. - 2:30 p.m. <b>Registration:</b> until <b>Thursday</b> 1:00 p.m. at the reception desk</p>
						

VITAL	<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Forest scents</b> with <b>fir scrub</b> 6.00 pm <b>Relax</b>-infusion</p>	<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Coffee</b>-Infusion 6.00 pm <b>Fruit</b>-Infusion</p>		<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Glacier ice</b>-Infusion 6.00 pm <b>Herbal</b>-Infusion</p>		<p>Infusion with <b>Karin</b></p> <p>5.00 pm <b>Detox</b>-Infusion 6.00 pm <b>Fruit</b>-Infusion</p>	
							

CULINARY	<p><b>ALPINE WELLNESS DINNER</b></p> <p>Our kitchen spoils you today with healthy and predominantly regional dishes. From 6.30 p.m.</p>	<p><b>GOURMET MENU</b></p> <p>Enjoy culinary delights by candlelight and let us recommend a good wine from our wine cellar. From 6.30 p.m.</p>	<p><b>HOUSE APERITIF</b></p> <p>We invite you to have an aperitif at the terrace or in the entrance hall from 6.30 p.m. to 7.00 p.m. Meanwhile our hiking guide Andreas presents his program and is available for questions and tips.</p>	<p><b>COCKTAIL EVENING</b></p> <p>Delicious cocktails for a special price from 6.00 p.m. Alcohol-free cocktails € 5,80 Alcoholic cocktails: € 7,80</p>	<p><b>SPECIALTIES</b></p> <p><b>Traditional and alpine delicacies</b> Today you can enjoy typical specialties from the South Tyrolean kitchen. A delicious Kaiserschmarrn and tasty dishes based on grandmother's recipes. From 6.30 p.m.</p>	<p><b>CHAMPAGNE BREAKFAST</b></p> <p>Every day we spoil you with fresh egg dishes, sparkling wine, freshly squeezed fruit juices and organic products from our farmers. From 7.30 am - 11.00 am</p>	<p><b>MEDITERRANEAN EVENING</b></p> <p>Our kitchen spoils you today with Italian specialties. Look forward to the culinary "La Dolce Vita"! From 6.30 p.m.</p>
	